

REFRESH

HYDRATE - GLOW - REFRESH

**Freshly made & crafted to nourish
from the inside out**

Freshly Squeeze 16oz / \$10.50

Orange juice

Pineapple juice

Freshly Squeeze Tonics-16 oz – \$14.50

Healing Greens

Apple, celery, ginger, cucumber, kale & a splash of lime

Golden Glow

**Fresh orange juice with carrots & ginger –
your daily dose of sunshine**

Glow Fuel

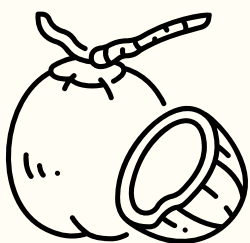
**Golden pineapple blend (Tumeric & ginger)
with your choice**

of coconut milk or coconut water, poured over ice

Add coconut cold foam – \$2

ABC'G Power

**Apple, beets, carrots or coconut water
with a touch of ginger**



Fresh Green Coconut– \$8

**Crack into pure hydration – nature's original energy
drink**

The Wellness Brunch Club

RESTORATIVE– NOURISHING – INTENTIONAL

Soup Of The Day

Ask what's simmering today

\$9

Toast Series

Available in 1pc or 2pc

1 toast/ 2 toasts

Served on Sourdough bread

Avocado Classic

Avocado, microgreens lemon juice, sea salt

\$6/ \$11

Fiesta Bloom

Roasted corn mix, pickled red onion, chipotle aioli, feta

\$9/ \$17

Amore Mio

Cherry tomatoes, basil, balsamic glaze, feta cheese

Bloom del Sol

Tofu-based chorizo, egg, salsa verde, chipotle aioli

Mediterranean Bloom

Hummus, pickled onion, cherry tomatoes, olives,
Mediterranean blend spice, arugula, feta cheese

Give it a nourishing lift with a warm, freshly cooked egg – \$2/ \$3.75 2pcs.



Plant-based eggie tofu scramble \$4

Power Bowls

A grounding bowl of roasted sweet potato, two freshly made eggs and vibrant greens, finished with your choice of nourishing toppings from our signature toast collection

\$20

Waffles

Artisan waffles topped with seasonal delights

(coming soon)

Garden Bloom

Berry compote, lavender maple drizzle, coconut whip,
puffed quinoa & banana coins

Cacao Kisses

Almond butter, cacao drizzle, banana coins,
crushed nuts & sea salt

RENEW

ORGANIC COFFEE – MATCHA–WELLNESS SIPS

Wellness Lattes- \$7.50

Feel the Beet

Beet & blueberry blend with ginger syrup and your choice of milk. Earthy, energizing, and vibrant.

Blue Dream

Lavender extract coconut extract, date honey, and blue spirulina. Steamed with your choice of milk and finished with a dreamy swirl.

Golden Hour

Turmeric, coconut condensed milk, and ginger syrup. Steamed with your milk of choice, for a golden glow.

Espresso Based Drinks

Organic, fair-trade coffee (Alternative Roasters)

10oz (Hot) / 16oz (Cold)

Espresso, single \$2.50 / \$3.75 double

Americano \$4.50

Latte \$5.50

Cappuccino \$6.25

Add coconut cold foam for \$2

Alternative Milks	
Lactose Free	\$0.50
Oat Milk	\$0.75
Coconut Milk	\$0.75

Matcha Series

Made with ceremonial-grade, stone-ground matcha – vibrant, antioxidant-rich, and deeply grounding.



10oz (Hot) / 16oz (Cold)

Hot Matcha Latte – \$6

Iced Matcha Latte – \$7

Yuzu Jasmine – \$8  

Bright yuzu and floral jasmine tea poured over ice, topped with matcha base

Continental – \$9  

A serene fusion of East and island.

Cool coconut milk with a swirl of blue spirulina, topped with bright matcha for a sip that’s both grounding and uplifting.

Strawberry Matcha – \$8  

Strawberry purée at the base, layered with your milk of choice and ice. Topped with vibrant matcha for a juicy, uplifting sip